*Issue 23 – 7* 



Excelling as a creative, innovative, can-do community

## Paeroa College Comment 21 July 2023



Girls Rugby won over HPC last night 15-10. (Photo courtesy of Bev's Broadcasting)



### **Coming Events**

31<sup>st</sup> July Board of Trustees Meeting

2<sup>nd</sup> August Whole School HSP Day

23<sup>rd</sup> August Sports and Clubs Photos

28<sup>th</sup> August – 3<sup>rd</sup> September Tournament Week

28<sup>th</sup> August Board of Trustees Meeting

18<sup>th</sup> September Board of Trustees Meeting

22<sup>nd</sup> September End of Term 3

9<sup>th</sup> October Start of Term 4

18<sup>th</sup> October Sports Prizegiving

23<sup>rd</sup> October Labour Day – No School

2<sup>nd</sup> November Senior Prizegiving

6<sup>th</sup> November NZQA Exams Start

28th-30<sup>th</sup> November Year 10 Camp

13<sup>th</sup> December Junior Prizegiving & Last day of Term 4

## Principal's Message

Kia ora e te whānau,

Welcome to Term 3, 2023! I wish to extend a particularly warm welcome to the many new families who joined us at the start of this term. Thank you for placing your trust and confidence in us; we look forward to getting to know you and your whānau.

Later in this newsletter, you will find a flyer letting you know about a well-being evening that is taking place here at Paeroa College. This is an event for all Ohinemuri families. We have heard your concerns and are partnering with all local schools (primary and secondary) to shine a light on the challenges we are facing as a community and a country and to explore what we can do collectively to address them. I look forward to seeing all of you here from 5:30 on 26 July. A sausage sizzle and childcare will be provided.

With the focus on well-being please accept these gentle reminders about what adolescents need:

- Adequate sleep supports cognitive function, memory consolidation, and emotional regulation. Encourage consistent sleep schedules for your child to enhance their focus and performance.
- Physical exercise promotes physical fitness and mental health. It reduces stress, anxiety, and improves mood. Encourage your child to engage in regular exercise or sports to maintain a healthy balance between academics and personal life.
- A nutritious diet provides essential nutrients for optimal brain function and overall health. Encourage a balanced diet with fruits, vegetables, whole grains, and lean proteins. Limit sugary snacks and processed foods to maintain energy levels and concentration.
- Encourage offline activities, social interactions, family fun and limited screen time. The dangers of excessive social media and online platform use should not be overlooked. Overuse can negatively affect wellbeing, leading to decreased self-esteem and isolation.
- Foster open communication, set a good example of self-care, establish routines, and encourage extracurricular activities. Your children will do what they see you doing.

Thank you for partnering with us to promote student wellbeing. Together, we create a nurturing and

| supportive environment. The importance of well-being extends into and beyond every student's |
|--|
| school achievement. Let us know how we can help.   |
|  |

| Noho ora | mai/ | stay | well, |
|----------|------|------|-------|
|          |      |      |       |

Amy

## Use of Cell Phoned and Devices at School

Every student at Paeroa College should always bring their charged chromebook or laptop to school. These devices are utilised daily and any student who does not have theirs may miss out on learning. Students can purchase a chromebook through the school at a discounted rate or borrow one from the school for the year.

Though our preference is that students at Paeroa College do not bring cellphones to school, they are allowed to do so. However, students are **not** allowed to use them in class unless the teacher has made an explicit request for this to happen, and it is for an educational purpose. As every student has a chromebook or laptop, this is an uncommon situation. In the event that the cell phone is used at an inappropriate time, the teacher may collect it for the student to retrieve at the end of the day.

Unfortunately, we are aware of an increasing number of concerns around the use of cell phones and encourage you to talk with your child about these challenges. Some of these are:

- Students circumventing school filtering using VPN software
- Cyberbullying situations
- Sexting
- Inappropriate use of social media
- Learning distractions

In today's world, young people spend significant amounts of time online and using digital technologies. Rather than banning cellphone use in school, we have learning programmes in place to teach our students to behave responsibly in the digital world, whether they are at school, in the workplace, or in their own personal spaces.

If you wish for your child to bring a cellphone to school, but do not wish for them to access it at break time, it can be handed in to the Student Centre before school, where it will be kept safe to be collected at the end of the day. Contact the Student Centre to arrange this.

Please remember that if you need to contact your child during the day you should phone the Student Centre. Similarly, if they need to contact you, the Student Centre phone is available for them to use. Please do not attempt to contact your child via their cell phone. This puts them at risk of violating our school rules.

Note that the school takes no responsibility for cell phones or other valuable personal property at school. Valuables should stay at home.

## NCEA Changes starting 2024

The Numeracy and Literacy requirements for NCEA will be changing in 2024. Until now, students have earned their Numeracy and Literacy credits through their subject standards, but in the new system they will be taking three separate assessments, Numeracy, Reading and Writing. In order to earn an NCEA qualification, they will need to achieve on all three of these assessments.

These assessments are offered nationally at two times each year. Our students will sit the assessments for the first time in Year 10. If necessary, they will have the opportunity to retake them in subsequent years.

- At Paeroa College, we are taking a number of steps to help prepare our students for the new requirements. In our Mathematics and Literacy classes, we are structuring the curriculum to ensure the required basic skills are covered early in Years 9 and 10.
- Staff in all subject areas are encouraged to identify where numeracy and literacy are relevant in their subject areas, and to share this awareness with the students. This is something caregivers can do at home, as well talk with your teenagers as topics such as budgeting, writing job applications, and planning journeys arise these are the types of context that will also appear on the assessments.
- We are also incorporating short numeracy and literacy activities once a week in the Year 9
  and Year 10 ACA classes these are focused on practical applications of numeracy and
  literacy, to help the students understand the real-life relevance and application of the skills
  they are learning.
- Further, we use the data we gather from our internal assessments to determine which students will need extra support to achieve their qualification, and these students will be given focused help.

Paeroa College will be running a pilot test of the new assessments later this year, and we will be evaluating and improving our programme in response to the results. Working together at school and at home, we aim to help our students achieve success, both on the new NCEA Literacy and Numeracy assessments, and in their lives beyond school.

## **Digital Wellbeing Evening**

Join us for a Digital Wellbeing Evening, Wednesday 26th July @ 5.30pm at Paeroa College, as we seek to equip our school communities with essential information, tools and strategies to support our children's wellbeing in the digital age.

- Expert Cyber safety Advice
- Share food and discussions with other families
- Access Free parental control tools for home
- Free books for kids thanks to the Rural Support Trust

#### Register with the link below:

https://www.eventbrite.com.au/e/supporting-our-childrens-wellbeing-in-the-digital-age-tickets-674926943657?aff=oddtdtcreator



## Community Information

Please contact Donna if you have any uniform alterations or zip repair / replacement needs:

Donna Hone 22 Flora St Paeroa Ph 0276094900 Email donna<u>ray1962@gmail.com</u>

Thames Air Cadets are recruiting for Term 3! If you are keen to get into flying planes, shooting, tramping and camping with a bit of a military style teaching and keen to have a look at what we are doing then come along to our recruitment evening on 10 August 2023 at the Thames Airfield from 6:30pm-7:30pm.

Main information for potential cadets:

Need to be aged between 13-15 (or Year 9 to 11), potential cadets are unfortunately unable to be above this age due to not being able to get the most out of cadet forces.

Any questions please contact the below:

## Officer Cadet Leaf Wolfe, NZCF Flight Commander

No. 37 (Thames) Squadron, Air Training Corps

M: 02108681797

A: Sir Keith Park Memorial Airfield, Ngati Maru Highway, Thames 3578

E: leaf.wolfe@cadetforces.org.nz



## Student / Parent / Caregiver Information

#### Student Services

Parents / Caregivers please note the number to text to advise the school your child is absent is 021 0885 8220- This is for TEXT only

Please Note – The student centre hours are:

Monday – Friday 8.30am – 3.30pm

In the event of planned absences, you must request leave from the Principal with at least 7 days notice.

#### To All Parents and Students

Please be reminded, when your child has an appointment or is leaving school for specific reasons, could you please contact the student centre to advise them of this, or send a note or copy of any appointment to school with the student. When a student is leaving school, the person collecting the student <u>must</u> come to the student centre to sign the student out unless prior arrangements have been made.

#### Medical Information

The school doctor is available most weeks either onsite or through a virtual appointment. These appointment times vary so it is best for students and whānau to inquire through our nurse for an appointment.

Our school nurse is Sue Els. Sue will be here on Tuesday, Wednesday & Thursday's 9.00am – 3.00pm

We have counsellors available at school. This service is available on Tuesday, Wednesday and Thursday 9.00am – 3.00pm.

#### School Accounts

To keep on top of your school account, the school has an automatic payment system where you can set up a regular payment into your child's account. This can be as much or as little as you would like. Please note: Some school fees are payable within certain time frames.

The account number is: Payable to Paeroa College BOT

Account 03 1572 0004693 00

Particular – please make sure you have the student's name in this part. Code – the student's school number – this can be given to you by contacting the school.

#### Buses

Any queries regarding buses, please contact Pauline Kisling via email at paulinek@paeroacollege.school.nz

## Important Contact Details

#### Senior Leadership Team

Principal – Amy Hacker
Deputy Principal – Paul Beisly
Deputy Principal – Tina Youngman
Deputy Principal – Andrew Cameron

amyh@paeroacollege.school.nz paulb@paeroacollege.school.nz tinay@paeroacollege.school.nz andrewc@paeroacollege.school.nz

#### Deans

Year 9 & 10 – Achievement – Emma Black Year 9 – Pastoral – Felise Tai'i Year 10 – Pastoral – Chris Doak Year 11 – Pastoral – Darcy Knyvett Year 11, 12 & 13 – Achievement – Ramai Gurnick Year 12 & 13 – Pastoral – Keely Muller

emmab@paeroacollege.school.nz feliset@paeroacollege.school.nz chrisd@paeroacollege.school.nz darcyk@paeroacollege.school.nz ramaig@paeroacollege.school.nz keelym@paeroacollege.school.nz

Absences – ext 201 or dial 1 at the prompt or TEXT 021 0885 8220

Accounts / Executive Officer – Debbie Gould Principal's PA – Yolande Lowe Student Services – Deb Berry Careers – Denise Grimmer Learning support & Student well-being – debbieg@paeroacollege.school.nz yolandel@paeroacollege.school.nz deb@paeroacollege.school.nz deniseg@paeroacollege.school.nz

andrewc@paeroacollege.school.nz

PO Box 144 Paeroa 3640 Phone 07 862 7579 Fax 07 862 7578 www.paeroacollege.school.nz

Bank Account: Paeroa College BOT 03 1572 0004693 00

## **PAEROA COLLEGE TREATY**

#### MAHI TAHI KIA KAHA

We respect people, their belongings & our environment
We promote a caring, safe & welcoming environment

We appreciate our people and place

We are supportive of each other

We own our actions & decisions

We are organised and prepared

We are committed to learning

We show pride in all we do

We are role models

We are inclusive

We are kind



# PAEROA COLLEGE

"Excellence in Everything"